Today's Top Stories

The second all-out strike by junior doctors in the history of the NHS is taking place today from 08:00 to 17:00, with consultants and nurses staffing A&E and intensive care. A reported 80% of junior doctors taking part in the strike.

BBC, Guardian, Independent, The Times, Financial Times

The Environment, Food and Rural Affairs Select Committee has said the Government must act on air pollution, and have called it a ‘public health emergency’

BBC, Guardian, Independent, Telegraph

The Conservative Health Secretary, Jeremy Hunt MP, has said to the BBC's Today Programme “this is likely to be my last big job in politics” and insisted that he was offering doctors a fair deal, questioning whether the response by the BMA was disproportionate.

Guardian, Independent, The Times, HSJ, Pulse

Dutch dentist Jacobus van Nierop who undertook unnecessary procedures to claim payments on patients’ medical insurance and took “pleasure at causing pain” has been jailed for 8 years for mutilating more than 100 people in the rural French village of Chateau-Chinon.

Telegraph, Guardian, BBC, Independent

NICE have approved a new heart failure drug Entresto, which is a sacubitril valsartan combination, as a second-line treatment for reduced left ventricular ejection fraction.

Nursing Times, Pulse, BMJ

The National Audit Office has said specialised budgets in the NHS, which fund treatments for rare diseases like HIV, have risen by 6.3% from 2014 to 2015, whereas the overall NHS budget only rose by 3.5%.

Independent, Telegraph

A study from the University of Texas which used 50 years of research has found that smacking children as a form disciplinary action is useless and causes children to become more aggressive in the long-term.
### The Times, Telegraph

As junior doctors strike, BMA tells them patient safety is the responsibility of hospitals and trusts, whilst the Health Secretary, Jeremy Hunt MP, says junior doctors are ‘responsible’ for deaths during the strike

Telegraph, Independent

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### Other Health News

#### Labour leader, Jeremy Corbyn MP, and Shadow Chancellor, John McDonnell MP, have joined striking junior doctors in a march through Whitehall

Guardian

#### A study funded by Stonewall and conducted by the London School of Tropical Medicine has found that gay men under the age of 26 are ‘6 times more likely to attempt suicide than older men’ due to factors such as lower incomes and employment security, as well as many coming out at an earlier age

Independent

#### Boredom increases snacking, especially on unhealthy foods, according to a study by the University of Central Lancashire. While it was reasonably well established that people feeling low, sad or upset often crave sweet food, this experiment is the first time boredom had been established as a trigger

The Times

#### Mental health services with higher levels of staff turnover have higher patient suicide rates, according to UK researchers

Nursing Times

#### A new academic position focussing on mental health nursing has been announced at the University of Essex

Nursing Times

#### The Shadow Health Secretary, Heidi Alexander MP, has called the Government’s plans to remove bursaries for student nurses in England “ill-conceived”

Nursing Times

#### A study review has found that yoga may have a beneficial effect on symptoms and quality of life in patients with asthma

Nursing Times

#### New analysis by MacMillan Cancer Support has concluded that end of life care will be placed under “an intolerable strain” in coming years

Nursing Times
The Care Quality Commission has rated the services run by Queen Victoria Hospital NHS Foundation Trust in Sussex as “good” overall
*Nursing Times*

Betsi Cadwaladr University Health Board has appointed Gill Harris as its new Executive Director of Nursing Midwifery
*Nursing Times*

New data shows that the number of NHS agency shifts per week that breached new pay caps rose by more than 10,000 in the first three months after they were introduced
*HSJ*

The National Audit Office has said NHS England does not have an “overarching vision or strategy” for specialised services
*HSJ*

NHS England is preparing new guidance on how to handle the sudden closure of hospitals due to quality of safety concerns
*HSJ*

A lack of a “strategic grip” have been blamed for a crisis leading to the sudden closure of a psychiatric hospital
*HSJ*

The Chair of the BMA's council, Mark Porter, has said the Government abused its power as the sole employer of junior doctors, as they are unable to get the same training anywhere else in the UK
*BMJ*

Purdah means that the care.data programme could be delayed because the Department of Health are not able to publish the results of two reviews
*Pulse*

**International Health News**

Obesity amongst China’s rural youth has dramatically increased, with 17% of boys and 9% of girls obese in 2014, both up from just 1% in 1985, according to a study of Government data by the European Society of Cardiology
*BBC*

Research led by Dr Vetter at Brigham and Women’s Hospital in Boston has found that people who occasionally work night shifts are more likely to develop coronary heart disease
*Independent*
AstraZeneca has gained approval from the US Food and Drug Administration for a new breed of respiratory drug
Telegraph

Children who receive more support from their mothers before school have more growth in the hippocampus, which is associated with learning, memories and regulating emotions, according to a study by Joan Luby at Washington University
Telegraph

Nokia has bought the e-health startup Withings
Telegraph

The Norovirus costs the world some £44 billion per year, according to new research by Johns Hopkins University in Maryland. Symptoms include nausea, diarrhea and vomiting. There is no vaccine to prevent it, and no medicine to treat it. The virus kills about 219,000 people per year worldwide and sickens nearly 700 million, resulting in some £2.8 billion in health care costs and £41.3 billion in societal costs annually, according to the study
Telegraph

The US National Institutes of Health's Clinical Centre has been found to have prioritised research needs above patient safety
BMJ

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